

Top tips: Insulating your home



Angela Terry

STOP all that heat escaping out of your home, save money and help the climate.

The UK has the oldest and draughtiest housing stock in Western Europe. We can cut carbon pollution – and our energy bills – by making sure our flats and houses are properly insulated.

Heat rises, so a lot of heat escapes via the roof. If you have a loft, make sure it's insulated.

What's more, make sure that insulation is 30cm thick. When you're bringing down the Christmas decorations, take up a ruler and check. Loft insulation should pay for itself many times over in its 40-year lifetime.

For a detached house, you can save around £350 per year on your energy bills if you insulate the walls properly. Cavity insulation is easiest and cheapest. It involves foam being injected into



Installing insulation in wall cavities can cut bills

the gap between the inner wall and outer brickwork. Older properties, built before 1920, will likely have solid walls, which will require internal insulation.

The best thing to do is fit it when you redecorate, as it requires attaching foam-backed board to your external walls.

Make sure all internal pipes – including those in your loft – are

insulated with lagging, which you can buy from a DIY shop or plumber's merchant. It will improve your boiler's efficiency.

Deal with leaky windows and doors. If you can feel cold air coming in through gaps, you can seal them with inexpensive rubber trim.

Angela Terry is an environmental scientist and the founder of One Home (onehome.org.uk).

Prince: Only global business can pro

PRINCE Charles urged the world's business leaders to deploy the trillions at their disposal to reorient the global economy towards tackling climate change.

Addressing the heads of 120 countries at COP26, the Prince said only the financial might of the "global private sector" had a "real prospect" of delivering lasting change, and shifting the world away from fossil fuels.

A green activist for 50 years, he said: "The scale and scope of the threat we face call for a global, systems-level solution, based on radically transforming our current fossil fuel-based economy to one that is genuinely renewable and sustainable."

"So ladies and gentlemen, my plea today is for countries to come together to create the environment that enables every sector of industry to take the action required."

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billions, of also know countries whom are growing to simply can 'go green' a vast million campaign strength private s

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