Top tips: Buy quality clothes



By Angela Terry

WHEN it comes to living a greener life, you often find out that the things your grandparents did were right. Make do and mend for clothing is a good example. Buy quality clothes and ensure they're made to last.

In recent years, fast fashion has become the norm, but it's a disaster for the environment. Cheap clothes made from manmade fabrics are all over the high street and many people don't think twice about buying an outfit for a special occasion. And yet, how many of us consider the environmental consequences?

In the UK, we are the biggest fast-fashion addicts in Europe. Every year, we send an eyewatering 300,000 tonnes of clothing to landfill. A large percentage of these clothes is made from polyesters or nylons which, like plastics, are produced from oil. It takes 200 years to decompose, leaving dangerous microplastics in the soil.

If we don't ditch disposable fashion, it's estimated it will take up one-quarter of the world's carbon budget by 2050. Buy vintage or second-hand. Upcycle an old garment. Swap with friends. Seek out sustainable brands or purchase a quality investment piece and make your granny proud.

Angela Terry is an entrironmental scientist and the founder of One Home (onehome.org.uk). on Shetland, Orkney and the Western Isles - alongside Glasgow, Grangemouth, the Cromarty Firth, Dundee, Fife, Ayrshire and Argyll.

SNP Net Zero and Energy Secretary Michael Matheson said: "Hydrogen has an important role to play in our journey to a netzero economy, by supporting the bold, urgent action required to deliver cleaner, greener energy and also by supporting a just transition – creating good, green jobs for our highlyskilled workforce.

"Scotland has the resources, the people and the ambition to become a world leader in hydrogen production and our hydrogen action plan sets out how we will work collaboratively with the energy sector to drive progress over the next five years."

Last month, The Herald revealed that SNP ministers will be piling more pressure on the UK to step up the pace for developing the hydrogen sector.

The action plan explicitly states that efforts will be ramped up to "urge the UK Government to expedite progress on amending regulations and legislation" to support hydrogen being blended into the gas grid, as well as to "accelerate decisions on the role of 100 per cent hydrogen in the gas grid and to enable our ambition to maximise volumes of renewable hydrogen in our energy system as quickly as possible".



Storm meets fellow pu

It adds: "We will conti the UK Government to consultation on enablin requiring bydrogen-read boilers."

Green hydrogen, proelectrolysis which splits into hydrogen and oxygcurrently expensive and intensive when done at blue hydrogen, which is natural gas into hydrocarbon, which can then and stored – is set to be zero-carbon option in

The draft action plathydrogen "will be a ke stage of Scotland's empathway" – adding the

How 20-minute neighbo

Analysis

By David Leask

EXPERTS don't always agree on how to tackle climate change but they do know where to do it.

There is a growing consensus that much of our effort will have to focus on towns and cities. That, after all, is where most of us live and work: and where most of the gases causing global heating are generated.

At COP26 today delegates will discuss the built environment, or "advancing action in the places we live, from communities, through to cities and regions".

For Mingshu Wang, senior lecturer in geospatial data science at Glasgow University, there is a reason this is the last big topic discussed at COP26: "It's because it's the most important."

Dr Wang is not underestimating the significance of all the other issues discussed on the Clyde over the last week-and-a-half, such as energy, transport, scien nature, or gender. He ju that the ideas produced debates will have to be the urban world.

"We all know that by 70 per cent of the world population will be livin or urban areas," he sai towns and the built en are so crucial to the wl of COP. Action has to people. And where are Well, the majority are

"The problems are i you have to fix them i

The role of architect planners in limiting at and making our soor resilient to its unavoit has not always been appreciated.

But Dr Wang - wh own job as creating a maps - stressed that will be needed to bo existing cities and to and growing ones in urbanising world, so